# WV Active Central Accessibility Guide



**WV** Active

CITY OF WOLVERHAMPTON COUNCIL

## **Arriving at Central**

- As you arrive at WV Active Central, there is a car park with disabled bays beside the ramp.
- To enter the building, you go through two automatic doors.



- Public Transport:
- The nearest bus stop is Park Avenue.
- A flat accessible ramp leads up to the main entrance.
- Please remember, if entering from the main road to Bath Road, there are steps to the entrance therefore you will need to use the ramp next to the steps to access Bath Road.

## Reception

- Reception is located to the left upon entering.
- WV Active staff are available to assist.
- First time visitors go to the reception to register.



- Membership card to be scanned at the counter.
- For height adjustment of the scanner, ask a staff member.
- There will be a charge for non-members to use facilities.

#### **Ground Floor**

- Upon arrival, you will go through barriers.
- Wheelchair barrier is operated by receptionist.



- On the ground floor is the swimming pool.
- Tables have a great view of pool.
- Vending machines are available.

## Swimming pool

• The pool area is next to reception and can be accessed via pool door and changing rooms.



- To get in the pool there are lowered steps and a hoist.
- To watch there are lowered seating available and space for wheelchairs.

# **Going Upstairs**

- To access the lift there is a narrow corridor.
- The width of the downstairs corridor is 1.71m.
- The stairs will also take you to floor one.



 If you are using the lift press Floor
1 button or zero to return to the ground floor.



## Accessing floor one.

- There are gyms and exercise studios available.
- Manual doors only ask staff for assistance.
- Instructors can be found in the gym or reception.
- Gym is opposite the lift and has manual doors.
- Some machines in this area are not adjustable and might not accommodate all accessibility needs.
- The width of the corridor is 3.92 meters.



#### **Excercise studio**

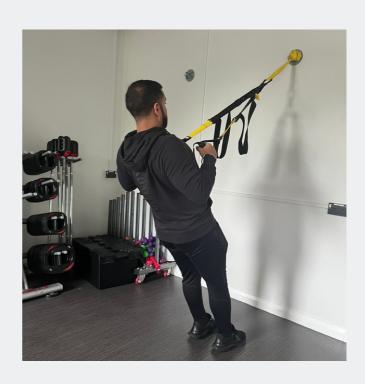
 Next to the gym, there is a spacious exercise studio.



 There are weights and equipment in the gym.



 There are resistance bands and TRXs attached to the wall which can be adapted.



## Booking a session

- To book a session, you can use WV Active's website, the mobile app which is available on Google Play Store and Apple's App Store or by calling reception.
- WV Active are happy to assist if any support or adaptations are needed.
- Address

WV Active Central, Bath Avenue, Wolverhampton, WV1 4EG.

• Telephone 01902 551010

If you have any questions before your session, please feel free to reach out to a member of the WV Active Central team.



